

Updated guidelines for Feldenkrais Trainings (DTAB) during the Corona Pandemic (as of February 2021)

At its most recent meeting the DTAB Standards Commission again reviewed and updated its regulations for continuation of Feldenkrais Professional Training Programs during the Corona Pandemic.

Due to continuing exceptional circumstances in 2020/2021 we have widened our acceptance of options in order to facilitate the continuation and completion of Trainings under Corona conditions.

For the year 2021 we will recognise all forms of teaching, whether they be “live”, online or in hybrid form. This will hold true irrespective of the total amount of previous and future Training days held online, but is limited to this year. We are confident that Institutes will offer their students possibilities for repeating online segments within a live Training at a later date.

We have lifted our stipulation that at least one FI-Practicum must be held “live”, as long as Institutes find a solution that guarantees individual supervision of two FI lessons.

Students may graduate in 2021, if they fulfil all other relevant criteria. For graduation purposes, all Training hours, regardless of format, will be valid for graduation in 2021. Qualification will be considered as equal to the qualification of graduating from a “regular” Training.

If it has not been possible to complete 12 individual lessons/FIs before graduation, Institutes must find a solution to guarantee that all students receive their remaining lessons. Institutes must ensure that a budget is set aside to cover these costs. Documentation remains mandatory, as does the rule that at least 7 of the 12 lessons must be given by Trainers/Assistant Trainers.

We will review these guidelines if fundamental changes to the general situation regarding the pandemic should occur. We would like to emphasise that these guidelines apply only to the year 2021. We expect a return to more ordinary conditions for the year 2022.

An evaluation of peoples’ reports of their experience in using online teaching formats within the context of Feldenkrais Training programs during the pandemic is planned for the end of 2021.